

FIGHT TO WIN MARRIAGES

Tuesday Prayer Call Recap | October 20, 2026 | Topic: Spiritual Heart Check

“Search me, O God, and know my heart...”

Psalm 139:23–24 (scripture reference and excerpt)

Session overview

The call encouraged husbands and wives to keep God at the center of their marriage and seek personal transformation rather than focus solely on changing their spouse. Terrie and Donald reflected on lessons from 34 years of marriage, including perseverance through difficult seasons, consistent prayer, and the possibility of healing and renewed joy.

Five key teachings

- **Keep God at the center.** Build spiritual habits, worship, and pray during difficult seasons. When spouses are not ready to pray together, individual prayer can continue.
- **Begin with your own heart.** Psalm 139:23–24 was the foundation for asking God to reveal motives, thoughts, hurt, and behaviors that need correction.
- **Identify inner obstacles.** Pride, resentment, jealousy, selfishness, anger, bitterness, and unforgiveness can affect the way spouses communicate and respond.
- **Receive correction as an opportunity to grow.** The message distinguished conviction that leads to repentance and restoration from condemnation and shame. Pray for both willingness and strength to change.
- **Practice forgiveness with healthy boundaries.** Forgiveness may be an ongoing decision; it does not mean accepting abuse, unsafe conduct, or responsibility for another person's choices.

The spiritual heart check: a marriage examination

Using a medical checkup as a metaphor, the teaching invited couples to assess what may be happening beneath the surface:

- **Relationship history:** What unhealthy habits or unresolved experiences have we brought into the marriage?
- **Heartbeat and rhythm:** Are we listening, respecting each other, and aligning our actions with our faith?
- **Blood pressure:** Is the home marked by tension, silence, avoidance, or dismissive communication?
- **Bloodwork:** Is bitterness or unforgiveness quietly accumulating within us?
- **Finding blockages:** What is keeping love, grace, trust, honesty, prayer, peace, and joy from flowing freely?

Personal reflection questions

- What am I carrying from past disagreements that I have not addressed?
- Am I assuming the worst about my spouse or dismissing their feelings?
- Have my words, actions, or silence contributed to hurt in our marriage?

- Where do I need to release bitterness, show humility, or ask forgiveness?
- What specific change can I make this week with patience, wisdom, and love?

Prayer focus and next steps

- Ask God to search and cleanse your heart, reveal hidden patterns, and help you respond with obedience and compassion.
- Pray for your spouse, marriage, family, church leaders, and other marriages in need of strengthening.
- Practice a regular personal “heart check” rather than waiting for a crisis to reflect and pray.
- Continue joining the weekly Tuesday prayer gatherings, and invite others who would benefit.
- The ministry encouraged **Tuesday water-only fasting until 3:00 p.m.** as a voluntary spiritual practice. Individuals should account for their own health needs before fasting.

Upcoming gatherings

Weekly prayer call	Every Tuesday at 6:00 p.m. Central Zoom Meeting ID: 840 8334 7510
Houston-area fellowship pop-up	Saturday, November 14, 2026 1:00–3:00 p.m. Golden Corral, Pearland, TX

Closing encouragement: Spiritual growth and stronger marriages begin with honest self-examination, prayer, a willingness to change, and a commitment to act in love.

Prepared from the October 20, 2026 Fireflies meeting summary and transcript. This is an edited recap, not a verbatim transcript. Source: <https://app.fireflies.ai/view/01M5DRN7KDPPYCG41RR72YF6EG>